Legacy: Branching Out 2012 Annual Report



Community Health Services

Mission

We empower our clients to lead a better life by providing premium, compassionate, primary healthcare services. We are committed to serving a diverse community including those persons who have traditionally faced problems accessing quality healthcare.

Vision

Legacy's vision is to continue to serve as a healthcare home by building a network of community clinics where people will feel welcomed and respected while receiving the highest quality healthcare services, regardless of their ability to pay.

Values

Healthcare is a right not a privilege

At Legacy we believe quality comprehensive healthcare is a fundamental human right that grounds an individual physically, emotionally and spiritually. This right promotes balance and stability for our patients, which results in a healthier and more productive community.

Compassionate care for the whole person

We provide healthcare, education and wellness services to all. We treat each person with respect as an individual, celebrating their unique culture.

Embrace the diversity of our community

Legacy values our diverse community. We engage and respect everyone.

Bold leadership with sound fiscal management

Legacy values bold and driven leadership with sound financial management. We look to the future while never forgetting our past.

Nationally recognized with visionary solutions

Legacy values the intellectual capacity of our board and staff to develop visionary solutions that are recognized on a national level. rowth has long been a fact of life at Legacy Community Health Services. We have grown and evolved over the past decade to meet the diverse healthcare needs of our community. During that time, we learned that many of our clients worry about putting food on their tables, keeping roofs over their heads, and making sure their families are taken care of. Because of this, managing and



maintaining their health is too often the last thing on their minds. In response to these concerns, we created a system of care that meets the medical, social, mental, and spiritual needs of our patients. But we haven't stopped there, and change is once again in the air at Legacy.

In 2006, we opened a 3,000 sq. ft. clinic in a City of Houston-owned Fifth Ward health center, growing to provide more underserved Houstonians with access to our holistic medical care. Little by little, and with generous funding from the community, our presence in the neighborhood grew enough that we were able to take over the rest of the building. We completed this expansion in November of last year, and now offer a full range of services to meet our patients' diverse needs. More than 5,000 residents of this community are now receiving medical services in our healthcare home in Fifth Ward.

The 2011 opening of Legacy Montrose Clinic brought change home to our original neighborhood. We combined four locations into one flagship clinic on California Street, making it easier for patients to access the services they need. As with the Fifth Ward expansion, this growth would never have happened without the generous support of our numerous donors. More than a year later, patients (many of whom have been coming to Legacy for more than a decade) continue to tell us how wonderful they feel entering the building, and how they appreciate the modern, open, and inviting space.

Change came to the Legacy Southwest Clinic this past year as well. We remodeled our facility to expand the lobby and incorporate new exam rooms, ultrasound rooms, and registration stations. Thanks to these changes and the addition of our clinic in the area's Baker-Ripley Neighborhood Center, we have been able to provide our comprehensive model of care to more than 45,000 residents since 2010.

Legacy's dental services department has recently seen unprecedented growth and change. We took delivery of a state-of-the-art mobile dental unit in July of 2012, and will be sending it to the neighborhoods we serve. Many of our patients have trouble accessing transportation, so the mobile unit will deliver crucial dental

services to locations our patients can easily access. As part of this plan, Legacy has partnered with KIPP Academy to provide dental care at their various campuses. Children can get their teeth cleaned and examined at school, saving the family the hassle of leaving work and driving across town.

Change is also on the horizon as we work to complete our expansion to two new communities: Baytown and Beaumont. We will soon enter into a partnership with a long standing Baytown-area mental health provider, Anjali Pinjala, M.D. Legacy will expand her practice and add a 6,000 sq. ft. medical clinic to her building so that we can offer our holistic model of care to an entirely new group of people with limited access to medical care.

CHRISTUS St. Elizabeth's Hospital in Beaumont recently reached out to Legacy and suggested we branch out in this city as well. In response to their excellent proposal, we have partnered with another well-established member of the community: Ubi Caritas Health Ministries. We are also working on a plan to bring Dr. Robert B. Dundas, an esteemed local pediatrician, and his patients under the shade provided by Legacy's branches. Over the next several months we will expand the existing Ubi Caritas clinic to accommodate our full range of healthcare services. We plan to add two more clinics in the Beaumont area by June of 2013.

All this growth would not be possible without the support of our generous donors and the communities we serve. Thanks to your time, energy, financial support, and passion for our mission, Legacy will reach more underserved Texans than ever before in 2012-13, and we will continue building healthy communities for many years to come.

Katy Caldwell, Executive Director, Legacy Community Health Services he seed planted in 1981 by doctors Richard O'Brien and Robert O'Brien, twin brothers whose passion for treating the disenfranchised led them to open the Montrose Clinic, has grown into a healthcare network whose branches will soon cover 50,000 patients a year. I believe they would be delighted and satisfied with



how far we have taken their vision, and with how inclusive we have remained while never losing sight of our roots. That Legacy Community Health Services is now a fixture in Houston healthcare and an integral part of the city's ability to care for its underserved is a testament to both their foresight and the various leadership teams that have positioned us so well.

As Chair of Legacy's Board of Directors, it has been my privilege to participate in this period of spectacular growth. We on the Board are ecstatic with the changes we have overseen in the past year. We could not be more excited about where we are going, nor more prepared for the road ahead of us. President Calvin Coolidge once said, "All growth depends upon activity. There is no development physically or intellectually without effort, and effort means work." Everyone at Legacy, from my fellow Board members to the front line staff who interact with patients every day, is ready and anxious to continue the work started by the O'Briens.

I want to add my thanks and appreciation to those expressed by Katy Caldwell. Without the support of our community partners, our donors, and our patients, Legacy would still be spread across four aging, outdated, and unattractive buildings in Midtown Houston. Our Fifth Ward clinic would still be in a cramped space unable to offer vital new services. And we would be faced with the prospect of turning patients away from our Southwest Clinic, as it would be unable to handle the increased demand for our services.

Our past success is rooted in the treatment of HIV/ AIDS, a disease we continue to treat thanks to a strong foundation and strategic plan that informs our care. Thanks to supporters like you, we have been able to apply this model to other areas, tackling new challenges and engaging new patients in need. Thanks to you, we can continue to serve those living with AIDS while we treat families who once relied on emergency rooms for their primary care. We are proud of the great work we've done to help those

living with HIV, and look forward to maintaining the high level of service our HIV positive patients have come to depend on.

Without you, Legacy's budget—a barometer of how many patients we are able to help—would still be the \$12 million dollars it was in 2007 instead of the more than \$46 million it is today. We would not have seen our patient base grow by nearly 39,000 people, as it has in the past 10 years, without a clear vision and the right people to implement it.

Thanks to people like you, we built and moved into a facility in Montrose that is still drawing rave reviews a year after it opened. Legacy was not only able to expand its square footage in the Fifth Ward, but also add muchneeded services, including Obstetrics and Dental. We have been able to customize the space at our Southwest Clinic to improve the overall patient experience to a degree the region has never seen. We have embarked on the process of becoming a Patient Centered Medical Home, a program that ensures teamwork across our service lines and allows healthcare providers to coordinate and track patient care. Finally, we will soon extend our reach to cover more Texans than ever before, thanks to our upcoming expansion to Beaumont and Baytown.

Thanks to you, those seeds planted by the O'Brien brothers will continue to bear healthy fruit for the foreseeable future.

T. Ray Purser

Chair, Legacy Community Health Services Board of Directors

Sowing the Seeds for Good Health: Legacy's Service Lines

Legacy's strong branches provide coverage for the entire family, and go beyond the primary care offered by most clinics. Our goal is to treat the entire patient, improving their overall wellness and improving their quality of life. Legacy's comprehensive services include:

- 1. Healthcare for men: We focus on prevention and early diagnosis of common health issues such as diabetes and heart disease. Our services include physical exams, prostate and testicular exams, screening and treatment for sexually transmitted diseases, and blood glucose and cholesterol testing.
- 2. Healthcare for women: Our healthcare professionals are specially trained to be sensitive to the needs of women and focus on prevention and early detection of common health issues. Our medical professionals provide a full range of OB/GYN services including Pap smears, pelvic and breast exams, contraception and family planning counseling, treatment of vaginal and urinary tract infections, screening and treatment for STDs, and referrals for mammograms.
- 3. Healthcare for children: At Legacy, we work with families to keep children healthy through regular checkups with a consistent provider. We provide vaccinations, regular checkups, and diagnosis and treatment for common childhood illnesses like earaches, sore throats, chickenpox, asthma, and skin rashes.
- 4. Dental services: As part of our well-rounded approach to individual health issues, Legacy provides much needed dental/oral care for our patients. Our dental services offer us an important barometer to gauge an individual's overall health status, and can be accessed at our clinics or through our mobile dental unit. The regular dental health screenings offered by Legacy help detect diseases such as oral cancer, diabetes, and HIV in their early stages.
- 5. Family planning: These services are designed to help women and men improve their reproductive health and have access to safe, effective, affordable, and acceptable methods of birth control. Our services include yearly exams for women and men, Pap smears, counseling about pregnancy and unwanted pregnancies, sexually transmitted disease screening, vaccination for HPV and hepatitis A and B, and dissemination of accurate information and counsel on sexual health.
- **6. Eye clinic:** Our physicians specialize in a range of optometry and ophthalmology services including comprehensive eye

exams, disease screening and diagnosis, and prescription eyewear including glasses and contact lenses. This clinic is one more way Legacy can offer a comprehensive health plan that treats the whole patient.

- 7. Behavioral Health: Our providers improve the overall well-being of our patients and relieve symptoms associated with mental disorders through assessment, diagnosis, and treatment of mental illness. By prescribing medication and providing counseling, our psychiatrists work with each patient to improve their quality of life.
- 8. Health promotion and community outreach: Legacy has a variety of community outreach programs that deliver health information and services directly to the community that promote healthy behaviors and encourage early detection of diseases. Current programs include outreach education for breast cancer awareness, counseling and testing for HIV and syphilis, social marketing to raise awareness of STDs, and outreach education on the Internet.
- 9. Wellness services: Legacy takes a holistic approach to healthcare, promoting optimal health and wellness in individuals and communities. Our comprehensive wellness services are designed to help our patients regain physical strength, combat medication side effects, and control pain through exercise, physical therapy, diet management, and massage therapy. Legacy's trained professionals are especially skilled to work with patients with diabetes, high cholesterol, and HIV/AIDS.
- 10. Specialty healthcare for HIV/AIDS: Since 1988, Legacy has provided comprehensive HIV/AIDS primary healthcare services and has become a nationally recognized leader in HIV/AIDS prevention and treatment. Legacy's team of healthcare professionals includes physicians, nurse practitioners, nurses, social workers, prevention counselors, and more. In addition to primary healthcare and eye care, our services include case management, medication adherence counseling, educational workshops, financial assistance, and wellness services.



Replanting our Ro<mark>ots at</mark> Legacy Montrose <mark>Campus</mark>

eptember 12, 2011 marked a monumental day in the history of Legacy Community Health Services. It was on this day that, for the first time ever, dozens of our healthcare providers, support staff, and administration went about the business of serving our Montrose patients under the same roof. It was the day that saw our loyal patients leave behind outdated, sometimes ragged, facilities in favor of a bright, clean, modern building capable of handling all of their health and wellness needs under one roof.

It was the day we officially moved into **Legacy Montrose Clinic** (LMC), our 40,000 square foot flagship in the heart of Montrose.

"We've been energized by the welcome we received from the community," says Katy Caldwell, Legacy's Executive Director. "Bringing all our service lines under one roof, and being able to do so in the neighborhood where Legacy was born, allowed us to honor our past and set us up for substantial growth all at the same time. We're incredibly grateful to the people who believed in our mission and worked so hard to help us build this facility."

The clinic was built with our patients in mind—with vital input coming from Legacy healthcare providers—so that the entire medical team is grouped together in a "pod." Each pod has a healthcare provider, a medical assistant, a medical case worker, and a community case worker. These pods allow Legacy to integrate each aspect of patient care into one team that can focus their complete attention on each individual. The result is a seamless patient experience that puts the medical team in one place, and the patient front and center at all times.

Legacy leadership also considered the effect the new construction would have on the environment and took steps to make LMC as green as possible. Special allowances were made to save the three 90-year-old live oak trees that currently provide shade to our patient parking lot. Aside from saving these trees, the building includes a rainwater collection system, employee showers for those who bike to work, energy efficient glass, and low-emitting paint, carpet, and wall coverings. All of these features helped us attain Gold LEED certification, an internationally-recognized designation for environmentally conscious and community friendly buildings.

From the names of past Legacy supporters listed on highly visible clinic walls to the artwork—donated by local artists hanging throughout the building, Legacy Montrose Clinic honors both the founders' vision and the neighborhood that came together to help make it a reality. Legacy's versatile new Montrose location strengthens our ability to carry out our mission, houses our expanded premium healthcare services, and reassures our patients that Legacy will be there for them long into the future. In short, our new building is reflective of the high quality healthcare that has been a hallmark of Legacy for the past 31 years. Maternity a

Encouraging New Growth though Expansion at Legacy Lyons Campus

he economic conditions in Houston's Fifth Ward, the ethnically diverse super neighborhood located east of downtown, are well documented; nearly 75% of the area's residents live below the federal poverty level and over half of the adults are out of work. According to the Houston Department of Health and Human Services, residents of the Fifth Ward endure unusually high rates of heart disease, diabetes, and babies with low birth weight.

Based on these alarming trends, the **Legacy Lyons Avenue Clinic** has an important role to fill and challenge to overcome. As part of our plan to face these obstacles head on, the Lyons Avenue Clinic recently added pediatric, obstetric, and dentistry services in addition to the pre-existing adult primary care, behavioral health, and social services. Legacy once again chose to grow to meet the community's needs. There is no better evidence of this growth than Legacy's plans to bring healthier smiles to Fifth Ward residents.

Legacy is constantly on the lookout for new and creative ways to serve Houston, and that includes introducing new services to areas that have previously gone without. We've increased the number of dental patients we are able to treat at the Lyons Clinic by offering more appointments through our new 31-foot-long mobile dental unit. The dentists in this rolling clinic can examine a patient's teeth, take digital x-rays and read the results, and perform routine or deep cleanings, all without leaving the vehicle. The regular dental health exams offered at the clinic and in our mobile unit (which boasts at least 20 smiles per gallon!) can help detect diseases like oral cancer at early stages, allowing for successful treatment and recovery.

Oral health in Texas is declining. Recent studies have shown that black men are more likely than any other group to develop oral cancer and are more likely to die from it. Females and minorities experience more tooth loss than males and whites, which impacts overall nutritional health and helps ignite a domino effect that sees a patient's overall health deteriorate quickly. More than 50% of Fifth Ward residents are female and more than 40% are Hispanic, so Legacy's continued growth is vital to the area's health and wellbeing.

Legacy's Lyons Avenue Clinic is poised to make a difference in the lives of an ever-increasing number of atrisk patients. Without the healthcare services provided at this clinic, many Fifth Ward residents, who also cope with the highest rates of sexually transmitted disease diagnoses in Houston, would miss out on the chance to live longer, healthier, happier, and toothier lives.

Nurturing Young Branches at Legacy Southwest Campus

Our Southwest Clinic saw nearly 18,000 patients in 2011 *a number significantly higher than any of our other locations so the demand has clearly been there for some time.*

Community Health Service

In 2010, Legacy Community Health Services was offered the opportunity to open a clinic in the Gulfton area, a community the U.S. Census Bureau has historically had a difficult time surveying. It's the densest neighborhood in the City of Houston, with a reported 45,000 people in approximately three square miles. Many community leaders believe the true population is closer to 70,000. This urban community includes more than 15,000 apartment units and is home to a mostly Hispanic and immigrant population.

Legacy's presence in Gulfton is crucial for the wellbeing of its residents, and the community has responded enthusiastically since we planted our roots and introduced our brand of compassionate healthcare. In the past two years, our **Legacy Southwest Clinic** has risen to the challenge laid before us, and worked hard to meet the needs of the Gulfton residents. Many of the vital services Legacy offers were previously unavailable in the area. Our Southwest Clinic saw nearly 18,000 patients in 2011—a number significantly higher than any of our other locations—so the demand has clearly been there for some time..

Even through all of our efforts, there remains an overwhelming need for our services, and so Legacy has continued to branch out within this specific community to cover even more Houstonians. In June of this year, we acquired the thriving practice of Anusuya Sendos, M.D. Located a short drive from Legacy-Southwest Clinic, Dr. Sendos and her team usually see more than 30 pediatric patients a day.

"I joined Legacy because I wanted to get back to the most important part of my job: treating my patients and helping them live healthier lives," says Dr. Sendos. "Legacy let me refocus on the medical side of my business so that I was spending more time in exam rooms, and less time in my office."

Dubbed Legacy Mapleridge, Dr. Sendos' practice has already made its mark on Legacy's goal of reaching new populations. According to the doctor, she sees three or four new patients everyday who come to her strictly on word of mouth. "People hear that I've joined Legacy," says Dr. Sendos, "and that I can now help them receive an array of services I couldn't offer by myself. I've been in this community for a long time, so they see me as a familiar way to access healthcare they might have missed out on."

Not content to limit our scope to the Gulfton area, in 2012 Legacy looked beyond the region for new ways to help improve the health of Houston's youth. Enter KIPP Academy, whose students often lack health insurance, financial resources, and transportation. The school, whose "Work Hard, Be Nice" slogan would be at home at all of Legacy's clinics, and Legacy announced a collaboration that will bring our mobile dental unit to their campus three days a week.

Beginning this August, the *Delivering Smiles Everyday* program will bring the dentist to students at the KIPP Southwest Campus, providing easy access to the dental care that too many children go without. Our dental professionals will do more than clean teeth, they will screen the children for oral diseases that can cause a lifetime of pain and complications, educate students and their parents about proper oral healthcare, and provide information on the wealth of services offered across Legacy's network of clinics. We are excited for this partnership and optimistic that its success will allow us to grow this program across KIPP's 21 Houston-area schools.

From prenatal visits to postnatal follow ups to pediatric



appointments to adult care for men and women, Legacy clinicians and staff provide a healthcare home for our patients that they can visit at any stage in life. Our goal is to build healthy communities across the Houston cityscape, and Legacy-Southwest Clinic, Legacy-Mapleridge, and our mobile dental program all represent significant steps forward in our commitment to serving a diverse community including those who have traditionally faced problems accessing quality healthcare.

Legacy aims to treat the growing communities, families, and young people in the Southwest Houston area. This fertile ground has nurtured some of Legacy's most important success stories, and we foresee many more such tales budding in the future. With the help of our donors, friends, and community partners, this branch of the Legacy tree will continue to flourish in Southwest Houston.





Supporting Fledgling Sprouts at Legacy Baker-Ripley Campus

early one third of Legacy's patients are under the age of 18, and the psychiatric services offered at **Legacy Baker-Ripley** are primed to have a significant impact on the mental health of this at-risk population. Located in Neighborhood Centers' Southwest Houston complex, Legacy Baker-Ripley has blossomed into a facility that the community has come to depend on. Not only can patients receive first-rate family medicine, social services, and dental care, but they can also access a specialty the area greatly needs: pediatric behavioral health.

Our youngest patients are often our most vulnerable, and the counseling services offered at Legacy Baker-Ripley help them navigate this important, magical, and sometimes troubling period of their lives. Legacy's behavioral health specialists treat a wide variety of illnesses and can prescribe medications that can improve the quality of life for our patients and their families. In addition to our patients' parents, our specialists also work with teachers and school nurses to get a full, clearer understanding of the lives of the children.

The need for behavioral healthcare is particularly great in underserved parts of the city, where families often cannot afford comprehensive behavioral health services. In response, Legacy has branched out to offer a diverse array of psychiatric options, and this includes our new Autism Program. Jeannette Valdivieso, D.O., Medical Director for Behavioral Health, formulated this new action plan in 2012 as a direct response to the high rate of autism in Gulfton's Hispanic population. Many of our patients and their families don't know much about this disorder, so the program educates and supports families in addition to treating children. Dr. Valdivieso has been sowing seeds that will grow into a permanent resource for the community.

"The kids I see are usually diagnosed with autism several years later than children in higher socioeconomic classes," says Dr. Valdivieso, "so they are at risk of falling even further behind their peers. Several of our patient families have two or three children with autism and, because they emigrated from other countries, have a limited support system for their special needs kids. We do whatever we can to ease the burden on families that have made Legacy their medical home."

Legacy's program hosts monthly guest speakers, holds weekly support groups for parents and caregivers, and offers weekly social skills classes for patients. All educational activities are offered in both English and Spanish so that we can reach as many in-need families as possible.

The Autism Program is just one example of the impactful initiatives blooming at Legacy Baker-Ripley, and a herald of the exciting programs that will continue to spring forth as part of our all-inclusive Behavioral Health services.



Beaumont

Legacy

Houston

Baytown

Cultivating New Roots in Baytown and Beaumont

s a Federally Qualified Health Center, Legacy Community Health Services serves low-income and medically underserved populations, regardless of the patient's ability to pay. Our network of community clinics is designed to make our patients and their families feel welcomed, respected,

and valued. Legacy believes that healthcare is a fundamental human right, and we want our patients to receive the highest quality services, regardless of their ability to pay.

Because of this desire to build a healthier Texas, Legacy is branching out beyond Houston's city limits to offer our premium services to the citizens of Baytown and Beaumont.

"There are no healthcare organizations like Legacy in either city," according to Katy Caldwell, "and so we have a unique opportunity to make a significant, lasting impact in communities desperate for the type of care we've been providing Houston for years. Thanks to our diligent and conscientious staff, we expect to have 'boots on the ground' in both cities before the Fall of this year."

Legacy's Board of Directors shares Caldwell's enthusiasm. "This is a chance to grow Legacy's patient base, enter a new territory, and, most importantly, help people in dire need of health and wellness services," said Ray Purser, Chair of Legacy's Board of Directors. "The Board unanimously approved this expansion thanks to the thorough and forward-thinking strategic plan put forth by Katy and her team."

There is no doubt that residents of both areas will be quick to utilize Legacy's services. More than 22% of Beaumont residents live below the federal poverty line. More than 26% of Baytown residents live an astounding 200% below that same line. An identical 30% of residents in both Baytown and Beaumont are medically underserved.

The biggest problem for the total population is that, while they are not poor enough to qualify for Medicaid, they are too poor to buy private health insurance. This forces underprivileged patients with high medical needs to choose between work and healthcare. All too often, they resort to emergency rooms for primary care needs that have become unmanageable. The situation becomes all the more tragic when children are involved, as they can miss out on important well-child visits with a pediatrician and fail to receive many of the vaccinations required by school districts.

Legacy can do something about this.

"The need is just so great in both cities," said Caldwell. "It quickly became clear to Legacy leadership that we had no other choice but to branch out once again."

In order to establish a strong presence in both cities, Legacy will bring two existing practices under its umbrella. Anjali Pinjala, M.D. has made it her mission to improve the mental health of Baytown residents, and she will continue to do so as part of Legacy. Robert B. Dundas, M.D., P.A., has been treating Beaumont's children for years, and will soon relocate to an Ubi Caritas Health Ministries clinic Legacy acquired to serve as our first campus in the area.

There is clearly a great need for health and wellness services in Beaumont and Baytown, and we are confident in our ability to meet these needs. As with all Legacy undertakings, we will tackle this new and important challenge in a way that positions Legacy to effect real, permanent change and opens up avenues for further growth.



Total Patients All Sites44,687Total Visits145,041







* Most Hispanic patients identify race as white

Age

32%	0-12	14,276
7%	13-19	3,029
8%	20-24	3,382
9%	25-29	4,162
9%	30-34	3,950
8%	35-39	3,467
8%	40-44	3,413
7%	45-49	3,166
6%	50-54	2,598
3%	55-59	1,494
2%	60-64	990
2%	65+	760
		44,687

Patient Data

Patients by Site

Patients	Visits
17,516	57,934
16,469	59,792
6,202	17,125
4,500	10,190
44,687	145,041
	17,516 16,469 6,202 4,500

Branching Out with New Volunteers

olunteerism has always been a vital part of Legacy's ability to serve Houston, and it's no exaggeration to say that Legacy would not exist as it does today without volunteers. It was volunteers opening a free clinic in 1978 who provided the seed that has branched into a thriving network of health centers that serves more than 45,000 patients a year. And it is volunteers that we are counting on to help Legacy expand our reach to include populations we have historically been unable to access.

In light of this goal, Legacy leadership has put a plan into motion to cultivate and nurture a new, improved, and more efficient volunteer program to help us connect with our community in meaningful ways. This ever-evolving strategy will expand every aspect of the existing program—especially the recruitment of new volunteers—and add more value to the organization. As with every new initiative, the goal is to improve the patient experience so everyone feels welcome, accepted, and appreciated.

The plan will begin by offering new opportunities to corporate volunteers. Legacy has benefitted greatly from the time, energy, and passion of volunteers from GE (pictured above helping out at one of our 2012 Get Your Backpack On! Back to School Bashes) and ExxonMobil (who spent their 2011 Day of Caring giving our Lyons Clinic a much needed facelift). Be it a one-time, outdoor landscape project or yearround opportunities like the Adopt a Clinic initiative—in which corporations host events for patients and employees at a specific location—Legacy will engage caring individuals from corporations in new and exciting ways.

Legacy's more recent partnership has the potential to make a huge impact on two Houston healthcare institutions. We are collaborating with the Methodist Hospital System's new "I CARE in Action" volunteer program, which allows Methodist employees the opportunity to spend up to one full day of paid time at any of our clinics, volunteering their time, talents, and energies. "Our goal is to offer rewarding volunteer opportunities to interested community members," says Pat Dolan, Volunteer Coordinator. "We want to provide trained volunteers who can assist Legacy staff as they care for our patients and work on building healthy communities. We hope to continue fostering these and other relationships through diverse activities."

"We've added new opportunities for employees who don't have time to leave the office during the day," says Katie Daggett, Senior Director of Development and co-lead for the Volunteer Program. "For example, GE Energy hosted a book drive that brought in enough donations so that we could send young patients home with a new book. We want to eliminate any barriers to volunteerism so that everyone interested in helping Legacy has the opportunity to do so."

The newly expanded volunteer program is just one more way Legacy will branch out in 2013, and one more way we can help our patients and friends live healthier, happier, more fulfilling lives.



L. Joel Martinez and Michael Peranteau



Strengthening Our Family Tree

egacy Community Health Services officially merged with the Center for AIDS (CFA) in April of 2012. This new partnership provides Legacy the opportunity to continue honoring its roots as Houston's first HIV/AIDS clinic, while at the same time allowing the CFA to respond to changes in the HIV epidemic and provide service to a larger number of clients. All of the CFA's information and advocacy programs and publications will continue, and serve as a complement to Legacy's programs and services.

Three staff members from the CFA have joined the Legacy team full time. The outstanding work of Paul Simmons, BSN, ACRN, Gayle Alstot, M.D., and Danielle Houston, MSPH, will continue, as all three have taken on expanded roles as part of the Legacy family. In addition, Bryan Hlavinka and Alton LaDay, Board members at the CFA, have been welcomed to Legacy's Board of Directors.

Founded in 1995 by L. Joel Martinez, Michael Peranteau, and Chris Kerr as an informational resource, the CFA educates its clients on the latest HIV treatment options, clinical trials, and opportunistic infections common among people living with HIV/AIDS. "In the late 80s and early 90s, finding information about treatment options for HIV/AIDs could be quite difficult," said Katy Caldwell, Legacy's Executive Director. "The Center for AIDS fills a void and makes it much easier to find the latest treatment information, and we are beyond thrilled that this first-rate organization now falls under Legacy's branches."

For 17 years, the CFA has provided HIV/AIDS research and treatment information to healthcare providers, caregivers, and people struggling daily with HIV/AIDS. The organization is recognized for providing information through world-class publications, community forums, and one-on-one discussions with providers and patients. These programs now become a part of Legacy's comprehensive healthcare system.

"The landscape of the AIDS epidemic has transformed since the CFA was founded," said Hlavinka. "The way we receive and disseminate information, the demographics of those affected by the disease, and treatment options have all dramatically changed. Thanks to this merger, the CFA is perfectly positioned to reach more people than ever before and make a lasting, positive impact on Houston's at-risk populations."

Securing Our Legacy Donor List

Founders \$100,000 +

The Cullen Trust for Health Care The GE Foundation Houston Endowment The Methodist Hospital

United Way

Laureates \$25,000-\$99,999

The Alkek and Williams Foundation

The Brown Foundation

The George Foundation

The Shell Foundation

Trini Mendenhall Sosa and Frank Sosa

Paul-David Van Atta

Benefactors \$10,000-\$24,999

Blue Cross Blue Shield of Texas Broadway Cares/Equity Fights AIDS Comcast Darryl & Co. E.R.S.I.C.S.S. H-E-B Jackson Hicks and Milton Townsend Jackson and Company The John M. O'Quinn Foundation The Lyons Foundation Rich's Anita and Gerald Smith Mr. and Mrs. H. Kevin Teichman Vinson & Elkins LLP

Leaders \$5,000-\$9,999

Anonymous Laura and John Arnold Bank of America/Merrill Lynch W.E. and M.T. Bosarge Lora and Dr. John Clemmons, Jr. G&A Partners Melanie Gray and Mark Wawro Debra and Mark Grierson George and Mary Josephine Hamman Foundation HillDay Public Relations Imperial Sugar Co. Cora Sue and Harry Mach Macy's Memorial Hermann

Mesirow Financial Neiman Marcus Petrello Family Foundation Pipeline Inspection Co. James A. Reeder, Jr. and Eric Nevil Reliant Energy Robert and Shirley Phillips Family Foundation Smith, Graham & Co. Investment Advisors, L.P. Brian Teichman Becca Cason Thrash and Dr. John Thrash Phoebe and Bobby Tudor Martha F. Turner and A. Glenn Bauguss Sheridan and John Eddie Williams AIDS Foundation Houston Amegy Bank of Texas Baker Hostetler, L.L.P. Chree Boydstun Beth W. Bruce Katy Caldwell Michael Tripp Carter CenterPoint Energy Bill Dodson Edelman Patrons \$2,500-\$4,999

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Financials

Legacy Community Health Services

Unaudited Financial Statement for FY 2012

Total Revenue	\$38,684,455
Total Expenses	\$35,214,393
Total Re-invested in Patient Care	\$3 470 062

Expenses by Category

Salaries and Benefits	\$19,075,691
Medication Services	\$4,695,965
Patient Services	\$7,567,640
Administrative Expenses	\$3,875,097



Administrative Expenses

Legacy Community Health Services

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Bob Devlin Melanie Gray Mark Grierson Melissa Mithoff Carrin Patman James A. Reeder, Jr. Monsour Taghdisi Legacy Community Health Services was created by a merger of the Montrose Clinic and The Assistance Fund in 2005.

Montrose Clinic was founded in 1978 and incorporated in 1981 as a 501(c)3 nonprofit organization. Originally started to provide STD testing and treatment services to gay and bisexual men, the Clinic quickly grew to provide prevention education, social services and, eventually, medical care for HIV/AIDS to men and women living with the disease.

The Assistance Fund was founded in 1987 as a 501(c)3 nonprofit organization to provide financial assistance to people living with HIV/AIDS. The agency created several programs, including a medication assistance program to cover the growing cost of treatment for HIV/AIDS and an insurance co-pay program to cover the costs of insurance co-pays and later to cover the cost of COBRA payments.

Both organizations served Houston side-by-side for years and shared many common clients. By joining forces in 2005, we were able to expand our services beyond HIV/AIDS and reach even more people. In 2007, we were granted full status as a Federally Qualified Health Center, giving us the ability to provide primary healthcare services to all Houstonians, not just those living with HIV/AIDS or STDs.



Community Health Services