



Southern Broccoli Salad

This Recipe Serves 6

Ingredients

- 3 cups broccoli florets
- ¼ cup finely chopped onion
- ¾ cup chopped celery
- 1/3 cup (1½ ounces) reduced-fat shredded cheddar cheese
- ¼ cup light mayonnaise
- ¼ cup nonfat plain yogurt
- 2 tablespoons honey
- ½ teaspoon seasoned salt
- ⅛ teaspoon black pepper

1. In a medium bowl, combine broccoli, onion, celery, and cheese; set aside.
2. In a small bowl, combine remaining ingredients. Add mayonnaise mixture to vegetable mixture and toss.
3. Cover and refrigerate at least 2 hours to “marry” the flavors.

Notes _____

