

## LEGACY | External Endocrinology Referral Form

Select your recommended location for services: Montrose Cli	nic Mapleridge Clinic Baytown Clinic
Patient's Name: Date of Birth:	
Preferred Language: Phone No:	
Referring Provider:	
Provider Number: Date:	
Notes Regarding Referral:	
SELECT ISSUE FOR REFERRAL (PLEASE REVIEW REQUESTED LABS NEXT TO DIAGNOSES)	
ADRENAL DISO	
<ul> <li>□ Addisons Disease (BMP)</li> <li>□ Adrenogenital (BMP)</li> <li>□ Cushings: (BMP, 24 hour urine, cortisc and creatinine)</li> <li>□ and creatinine)</li> </ul>	☐ Hypoaldosteronism (BMP) ☐ Pheochromocytoma  (BMP, serum or urine metanephrines) ☐ Pheochromocytoma (BMP, serum or urine metanephrines) ☐ Primary Aldosteronism (BMP, renin, aldosterone)
DIABETES MELLITUS/ HYPOGLYCEMIA <sup>1</sup>	
☐ Diabetes Mellitus ( <i>A1c, CMP, fasting lipids, microalbumin</i> ) ☐ Hypoglycemia ( <i>Fasting BMP, C-Peptide, insulin level</i> )	
<sup>1</sup> Diabetes Mellitus/Hypoglycemia Notes:	
<ul> <li>Diabetics who are moderately well controlled A1c &lt;8 will not be seen with the exception of: Brittle diabetics and those with recurrent hypoglycemia, those uncontrolled who are already on insulin or those on 3 or more non-insulin medications.</li> <li>Will also see patients with insulin pumps, adolescents 17-21 transitioning to adult medicine, and pregnant females</li> </ul>	
THYROID DISORDERS <sup>2</sup>	
<ul> <li>☐ Hyperthyroid: Graves, Hashimotos (CMP, CBC, TSH, FT4, Thyroid Antibodies -Thyroid stimulating immunoglobulin, TPO)</li> <li>☐ Hypothyroid (TSH, Free T4)</li> <li>☐ Multinodular Goiter (TSH, Free T4)</li> <li>☐ Thyroid Nodules/Mass (TSH, Free T4, US done within 6 months)</li> <li>² Thyroid Disorder Notes: Hyperthyroid with symptoms, hyperthyroid and hypothyroid during pregnancy needs to be seen urgently. Clinically unstable patients (tachycardia, experiencing chest pain and shortness of breath, mental status changes or other severe symptoms must be sent to Emergency Room.</li> </ul>	
LIPID DISORDERS	
Hypercholesterolemia (Fasting Lipids) - Patient must be statin intolerant or not controlled on max doses of a statin.	
☐ Hypertriglyeridemia (Fasting Lipids, Triglycerides must be >1000)	
PITUITARY DISORDERS <sup>3</sup>	
<ul> <li>□ Acromegaly (GH, IGF-1)</li> <li>□ Cushings (BMP, 24 hour urine for cortisol and creatinine)</li> <li>□ Diabetes Insipidus (BMP)</li> </ul>	<ul> <li>☐ Hyperprolactinemia</li> <li>☐ Hypopituitarism/ Panhypopit (TSH/Free T4, LH/FSH, Testosterone (Men), Estradiol (Women), Prolactin, IGF-1, GH, ACTH, Cortisol, BMP)</li> <li>☐ Pituitary Adenoma (ACTH, cortisol, FSH, LH, TSH, GH, IGF-1, Prolactin)</li> </ul>
<sup>3</sup> Pituitary Notes: Testosterone, ACTH and Cortisol to be drawn at 8-9 AM for accuracy	Prolactinoma ( <i>Prolactin, CMP</i> ) / Hyperprolactinemia
DISORDERS OF SEXUAL FUNCTION <sup>4</sup>	
<ul> <li>☐ Fertility Disorder (BMP, Testosterone (Free and Total), DHEAs, TSH/FT4, prolactin, LH/FSH, (Labs all drawn in AM on days 1- 3 of menstrual cycle)</li> <li>☐ Hypogonadism (Free and Total Testosterone (Men), Estradiol (Women), Prolactin, LH/FSH, (all labs drawn in AM)</li> <li>☐ Hirsutism (BMP, Testosterone (Free and Total), DHEAs, TSH/FT4, Prolactin)</li> <li>☐ Menstrual Function (BMP, Testosterone (Free and Total), DHEAs, TSH/FT4, Prolactin)</li> <li>☐ Puberty Disorder in adult or transitioning adolescent (LH/FSH, Testosterone (male), Estradiol (female)</li> <li>⁴Disorders of Sexual Function Notes: Labs to be drawn in AM with fasting</li> </ul>	
OSTEOPOROSIS/ METABOLIC BONE DISEASE	CALCIUM & PARATHYROID
<ul> <li>□ Osteoporosis (DEXA within last year)</li> <li>□ Metabolic Bone Disease/Pagets (BMP, calcium, phosphorus, Alk phos, 25 hydroxy Vitamin D)</li> <li>□ Rickets/Osteomalacia (CMP, Phosphorus, 25 hydroxy vitamin D)</li> </ul>	<ul> <li>☐ Hypocalcemia (CMP or BMP with calcium and albumin, PTH)</li> <li>☐ Hypercalcemia (CMP or BMP with calcium and albumin, PTH)</li> <li>☐ Parathyroid (Calcium, Phosphorus, Intact PTH, Hydroxy, Vitamin D)</li> </ul>

Providers & Patients: Please fax this form and supporting documents directly to (713) 559 3265 and we will reach out to the patient to set up an appointment within 5 business days. Providers should ensure patient or parent/guardian is aware of the referral prior to faxing the form for appointment. For more information on Legacy Community Health, please visit LegacyCommunityHealth.org.