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FOR IMMEDIATE RELEASE

Wellness Bar by Legacy Offers Affordable Preventative Services in Spa-like Setting

New facility at 120 Westheimer now open

HOUSTON (October 22, 2020) – In true innovative fashion, Legacy Community Health is unveiling a new approach to providing preventative services to the community. Named [Wellness Bar by Legacy](#), the new 2,100 sqft facility located at 120 Westheimer in Montrose offers certain preventative care services in a spa-like setting. Like Legacy Community Health, the Wellness Bar's services are affordable and available to all who walk through the door. Medicare, Medicaid and private insurances are accepted. A sliding fee scale discount program is available to eligible patients based on their family size and income.

Wellness Bar offers a list of health and wellness services, including HIV prevention therapy (PrEP), rapid STI and HIV testing services, connection to care for other health care needs illnesses, and sexual health screenings all in a comfortable and discreet setting.

Guests are greeted at the door by a Wellness Host and, after the COVID-19 pandemic, will be seated in the lobby where they are free to enjoy a complimentary coffee at the coffee bar. Due to the pandemic, guests will be checked in and asked to wait in their exam rooms at this time. WiFi is also provided. Appointments take place in exam rooms with comfortable reclining chairs and gold-accented cabinetry. The facility is also equipped with gender-neutral restrooms.

"We are excited to offer a unique setting for healthcare to our community," says Karen Gurwitch, Senior Vice President of Clinical Integration and Financial Support for Legacy Community Health and the mind behind Wellness Bar. "It's our mission to meet patients where they are, both physically and emotionally. With Wellness Bar, we strive to satisfy both. Wellness Bar is right here in Montrose, in a central location. The 82 Metro line passes right outside Wellness Bar's front door. And if you're looking to take control of your health but you don't know how to take the first step, we are here for you."

Due to the ongoing COVID-19 pandemic, guests are screened upon entering Wellness Bar for COVID-19 symptoms like fever, shortness of breath, cough, fatigue, and contact with others who have tested positive for the virus. Guests are then asked to wait in an exam room. The flow of guests and employees is tailored to avoid individuals sharing spaces while accessing Wellness Bar's convenient services.



Wellness Bar lounge.



A typical Wellness Bar exam room.



A typical Wellness Bar exam room.



One of Wellness Bar's two gender-neutral restrooms.

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About Legacy Community Health

Legacy Community Health (Legacy) is a full-service network of community health clinics offering primary and specialty care in the Texas Gulf Coast region. Services include adult primary care, behavioral health services, community outreach, dental care, endocrinology, gender health, geriatrics, comprehensive HIV/AIDS care, nutrition and wellness, OB/GYN and maternity care, pediatrics, pharmacy, public health, school-based health, social services, and vision care. With

more than 40 locations across Houston, Baytown, Deer Park, and Beaumont, Legacy is the largest Federally Qualified Health Center (FQHC) in Texas. Legacy has been a United Way-affiliated agency since 1990. To learn more, visit www.legacycommunityhealth.org.